

Wellness Matters



Group Healthcare Indemnity Insurance Plan
offered by 5Star Life Insurance Company

Annual Wellness Benefit

Your annual well care is an important part of your health maintenance program and is your best bet for early detection of significant health risks. The Center for Disease Control (CDC) recommends regular health exams to help detect problems early when your chances for treatment and cure are better.¹ In recognition of this, your Healthcare Indemnity coverage has an annual wellness benefit that is payable to each covered individual under your plan.

This benefit pays once per year, per covered person and is paid directly to you regardless of actual out-of-pocket expenses. List of covered tests includes, but is not limited to:

- Blood test for lipids including total cholesterol, LDL, HDL, and triglycerides
- Chest x-ray
- Electrocardiogram (EKG)
- Fasting Blood Glucose Test (A1c)
- Weight Reduction Program
- Smoking Cessation Program
- Stress Test
- Bone Density Screening

No forms for claim filing!

Telephonic intake is available for receipt of this benefit. To submit for your annual benefit under this provision:

1. Call 1-866-863-9753
2. Provide your name and either your certificate or SSN information
3. Date test or exam was administered
4. Name of the insured that had the test or exam



The journey to health and well-being starts
with planning for tomorrow, today.

¹www.cdc.gov/family/checkup/index.htm

Underwritten by 5Star Life Insurance Company (a Lincoln, Nebraska company); Administered by NTT Data at 777 Research Drive, Lincoln, NE 68521. Product not available in all states. Policy #: 5SHIPOL

